

**INTRODUCTION TO  
LACROSSE**

**Glenbrook Middle  
School Gym**

701 Park Crescent  
New West

**Wednesdays**  
**October 16, 23, 30**  
**November 6, 13, 20**  
**January 8, 15, 22, 29**

**Age 4 - 6**  
**6:15 - 7:15pm**

**Age 7 - 9**  
**7:15- 8:15pm**

**Current players  
welcome, bring a  
buddy!**

**No Equipment  
Required**

*(bring a stick if you have one)*



**NEW WESTMINSTER  
SALMONBELLIES**



**COME & TRY  
LACROSSE !!**



**BOYS & GIRLS**  
**4-9 Years Old**



**FUN & FREE  
SESSIONS**

